

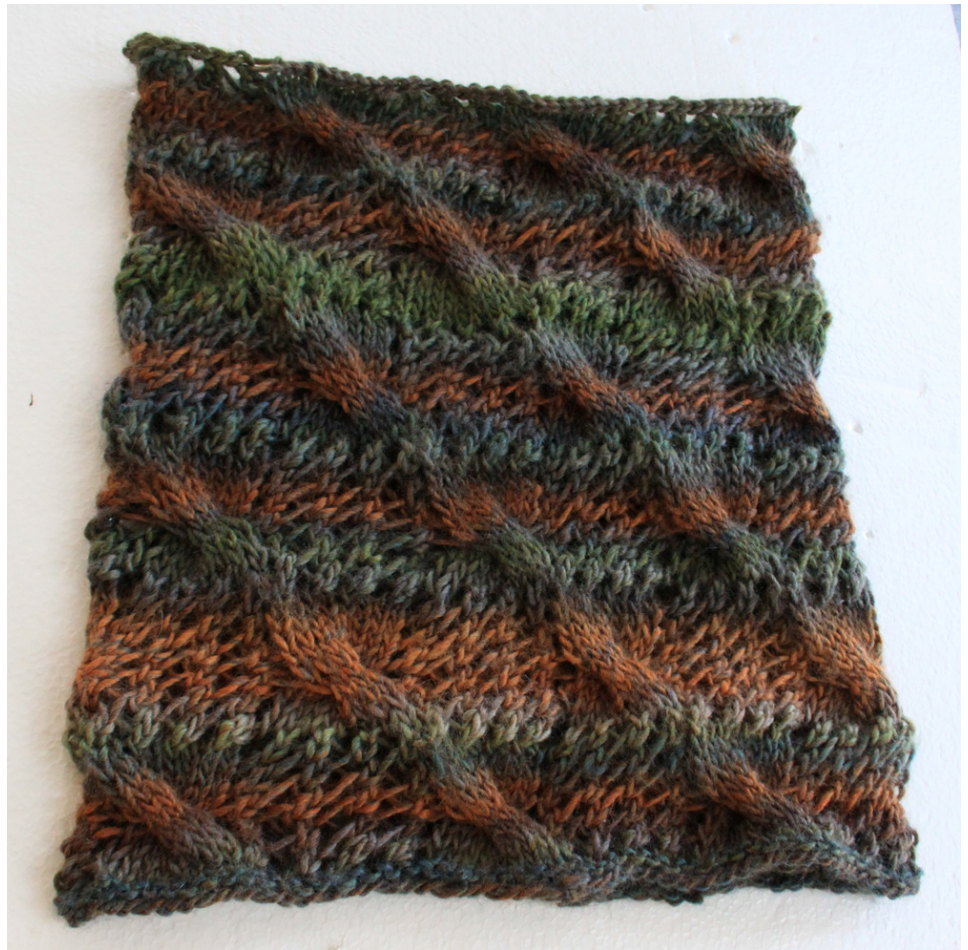
# Waves & Lace Cowl

Yarn – Use a multicolor/hand-painted yarn.

Needles – #10 32-in. circular needles. Or #10 DPNs, if you prefer.

16 stitch, 24 row repeat. 23" circumference and 13" tall after blocking.

**C4f** = Cable 4 stitches in front



Cast on 96 stitches. Join, taking care not to twist the stitches.

Knit 3 rows of garter stitch.

Start pattern:

Row 1 – \*Knit 8; YO, K2t 4 times.\* Repeat 6 times.

Row 2 – \*Knit 8; P2t, YO 4 times.\* Repeat 6 times.

Rows 3 - 6 – Repeat Rows 1 and 2 two times.

Row 7 – \*C4f - make 8-stitch cable; YO, K2t 4 times.\* Repeat 6 times.

Row 8 – \*Knit 8; P2t, YO 4 times\* Repeat 6 times.

Rows 9 - 12 – Repeat Rows 1 and 2 two times.

Row 13 – \*YO, K2t 4 times; Knit 8.\* Repeat 6 times.  
Row 14 – \*P2t, YO 4 times; Knit 8.\* Repeat 6 times.  
Rows 15 - 18 – Repeat Rows 14 and 15 two times.  
Row 19 – \*YO, K2t 4 times; C4f - make 8-stitch cable\* Repeat 6 times.  
Row 20 – \*P2t, YO 4 times; Knit 8.\* Repeat 6 times.  
Rows 21 - 24 – Repeat Rows 13 and 14 two times.

Repeat full pattern twice, or as many times as you choose. Knit 3 rows of garter stitch and cast off loosely. Cast on another 16 or 32 stitches if you want a wider cowl; knit another repeat or two of the pattern if you want a longer cowl.

Block cowl. Wear in good health.